

# Mushrooms and fungi

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*From the woods to the plate*





AUTUMN - PYRENEES - COOKING

# Hongos y setas

## *Del bosque al plato*

Autumn arrives and all over the forest appear strange and mysterious beings of all shapes and colours. Some of the more fascinating autumn species certainly are mushrooms and fungi.

A walk with an expert guide leaves us amazed by the diversity and unknown details of these dwellers in nature.

Along the way you can learn to identify the most common local species, some toxic and others highly prized and delicious for cooking.

This country has a real passion for collecting and, above all, cooking mushrooms. And that's what we'll do!

A fun and yet instructive and practical activity. We carefully collect the specimens we find and then learn the best way to cook or preserve them.

This activity can also be complemented with a natural Eco-Picnic or a Wine Pairing Among Flowers where possible.

**Duration:** Walk (2,5 - 3h)  
Cooking (2h)

**Location:** To be determined

**Group:** 18 people maximum

**Price:** Consult our rates

**Price includes:**

- Information on the plant species and subsequent consultation by email
- Material for the collection of mushroom and fungi
- Private, custom-made activity

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