

A photograph of a courtyard in the Jewish Quarter, featuring a stone wall covered in ivy, a large potted plant, and a paved area with a geometric pattern.

The natural pantry of the Jewish Quarter

*Get a taste of Jewish cuisine
strolling through the ancient
city!*

PANTRY – A STROLL – GIRONA

The natural pantry of the Jewish Quarter:

*Get a taste of Jewish cuisine
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On this walk we follow the steps of a cook from medieval Girona who collects natural ingredients for the Sabbath meal.

From the courtyards of the Jewish Quarter to the gardens outside the city walls, Girona offers a great and unsuspecting variety of edible and aromatic plants that are already mentioned in the bible.

We propose a little travelled itinerary to see Girona from a different perspective. A walk where at each stop we will find a plant with a tradition in century-old cooking and used still in modern recipes and learn how to use them.

Season: All year round

Duration: From 2 to 2,5 hours

Location: Jewish quarters of Girona and its immediate surroundings

Group: Maximum of 12 people

Public: Adults and children from 8 years old accompanied

Difficulty: Easy

The price includes: Information and consultancy after activity

Travel agency GC - 004776

www.naturalwalks.com