

COCKTAILS - HERBS - FLAVOURS

Paving the way towards the wildest cocktail:

From the land of aromas to your own creativity in a glass!

A short and easy walk, which can be done anywhere from the Costa Brava to the Pyrenees. Along the way, at a slow pace, you will tread along the most fragrant nature where you will discover every flower and herb: the smells, fragrances and flavors of our beloved Mediterranean.

On the way, we will forage for some plants and flowers to conclude the activity on the table in the midst of the countryside or in the closed space of your choice. You can partake in an innovative tasting, a lively workshop where you are the protagonist, or be part of a demonstration where you can make your very own wildest cocktail using fresh local plants harvested during the excursion.

Dates: All year round

Duration: 2,5 h - 3,5 h walk

Place: Anywhere in Catalonia depending on availability, or other territories,

circumstances permitting

Group: 18 people maximum, if more people, conditions will be adapted

accordingly

Public: Adults and children from 8 years,

accompanied, after consultation

Price: Consult prices

Difficulty: Medium (150m difference in

altitude, 2.5 km route)

Travel Agency GC - 004776

www.naturalwalks.com

