



# Walking the coastal trail of s'Agaró

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*The Hidden Natural Treasures  
of the Costa Brava in s'Agaró*



COSTA BRAVA – MEDITERRANEAN – COASTAL TRAIL

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## *The Hidden Natural Treasures of the Costa Brava in s'Agaró*

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We invite you to discover a new kind of tourism unlike anything you ever experienced at the Costa Brava. Discover the Mediterranean Diet through wild plants.

A short walk begins just outside the hotel Alabriga; gently blending into its surroundings is a famous path that carves along the entire Costa Brava, known as the Camino de Ronda. While each season thousands of people walk along this trail, many might not know that some of the best kept secrets of the Mediterranean diet are waiting to be discovered here – ancient plants used by our ancestors as well as plants used today in the World's Best Restaurant, El Celler de Can Roca.

On a brief stroll, we'll introduce you to the culinary subtleties that might otherwise go unnoticed: Spicy flowers, salty leaves, crisp stalks, sweet roots; a walk to surprise the senses with wild tapas.

The route is easy and fun for the whole family. The activity will be complemented with a showcooking, in which we create dishes using plants that we picked during our walk, or with a wine pairing with flowers.

**Season:** All year round

**Duration:** From 2,5 to 3 hours

**Location:** S'Agaró. Coastal trail

**Group:** Maximum of 12 people

**Public:** Adults and children from 8 years old accompanied

**Difficulty:** easy to medium. Two routes

**The price includes:** Information and consultancy after activity

Travel agency GC - 004776

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