

TRADITION - RATAFIA - HERBS

The world of Ratafia liqueur

A walk to savour the tradition of herbs

A walk to savour the tradition of herbs. All over the world people have been making herbal liqueurs since ancient times. Undoubtedly, Ratafia is still the most traditional liqueur from the interior, more humid regions of Catalonia.

Century-old family recipes, dozens of different aromatic herbs, stories and legends that tell us about its use and the olden ways of life. A walk through natural landscapes steeped in history, to discover through aromatic herbs some of the secrets of the world of the Ratafia liqueur.

We enjoy collecting plants, in the same way as our grandparents once did, and using both ancient and modern recipes to prepare our own Ratafia, and being able to sayour it back home in autumn.

This activity can also be complemented with a natural Eco-Picnic or a Showcooking and a tasting of several local Ratafia liqueurs.

Duration: Walk (2,5 - 3h) preparation of the liquor (2h)

Lugar: On demand

Maximum group: 18 people

The price includes:

- Information on plant species and subsequent advice on the activity via mail.
- Material to make ratafia.
- Private activity made to measure.

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