

## yrenees

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CATALONIA - NATURE - ORIGINS

## **Pyrenees**

From the spectacular Ribes Valley we will easily enter an environment of high alpine mountains of great ecological richness, where water is present at any corner taking the form of a spring, stream or torrent. Walking next to a large pond we will learn to recognize herbs, flowers, fruits and seeds, and their healing, edible or applied uses in the kitchen. From anywhere you can discover unexpected views and find the typical alpine vegetation that borders the trails and small paths.

Season: All year round Duration: From 3 to 4 hours Location: Vall de Ribes (Catalan Pyrenees) Group: Maximum of 18 people

**Difficulty:** Easy **Public:** Adults and children from 8 years old accompanied

Travel agency GC - 004776

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